

A man in a dark t-shirt, shorts, and a cap is captured mid-jump over a large, light-colored rock on a mountain peak. The background features a vast, hazy landscape of rolling hills and a forest under a sky with soft, golden light from a setting or rising sun. The overall mood is one of freedom and adventure.

LIVING LIFE TO THE

FULL

Emotionally

GOD

ORIGINAL DESIGN

SPIRIT

SOUL

BODY

God Consciousness
– ability to relate
to God

Mind, Emotions and
Will – the seat of
personality.

Sensuality- 5
senses connect us
to the world.

WORLD

In the beginning ...

- **An intimacy with God** - purpose, acceptance and significance.
- **An enemy** against God and humanity
- **Choice**

EMOTIONALLY

⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

EMOTIONALLY

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WORLD

Four choices ...

1.Praise v4

2.Patience v5

3.Prayer v6

4.Practice v8, v9

EMOTIONALLY

Praise

*⁴ Rejoice in the Lord always.
I will say it again: rejoice!*

EMOTIONALLY

Patience

*⁵ Let your gentleness be evident to all.
The Lord is near.*

*‘Submit yourselves, then, to God.
Resist the devil, and he will flee from
you. Come near to God and he will
come near to you.’*

James 4:7,8

EMOTIONALLY

Prayer

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

EMOTIONALLY

Practice

1. Self Control over your thinking

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.

EMOTIONALLY

Practice

1. What you've learned

⁹ Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you.

EMOTIONALLY

⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

EMOTIONALLY